

## Future of Family Centres

### Sample of New Offer (per trimester/4-monthly)

#### Blenheim Family Centre (Core Centre - Open daily 8:30-16:00)

Sessions	Current	New	
Stay and Play*	24	32	At Least twice a week
Family support drop in	0	16	NEW
Story, Rhythm & Sing	0	16	NEW
Postnatal support	0	16	NEW
Health Clinics	some	tba	to be agreed with health providers
Baby Massage	10	6	NEW - service offer from Public Health
Antenatal Classes	0	18	proposed split with Eastwood and Prince Avenue Family Centres

#### Cambridge Rd Family Centre (Core Centre - Open daily 8:30-16:00)

Sessions	Current	New	
Stay and play	39	32	At Least twice a week
Starting solids	1	1	Part 3-4 months Health Visiting service
School admission drop in	1	1	One session annually in autumn
Freedom Programme	11	11	And IDVAs (ABSS)
Freedom Programme Creche	11	11	
Parents supporting children with additional needs	10	10	Will depend on demand; may rotate between centres
Parents supporting children with additional needs – Creche	10	10	Will depend on demand; may rotate between centres
Parents understanding children's behaviour	10	10	
Parents understanding children's behaviour – Creche	10	10	
Health Clinics	some	tba	NEW - to be agreed with health providers
Antenatal Classes	0	12	NEW
Story, Rhythm & Sing	12	16	
Postnatal support	0	16	NEW
Baby Massage	10	6	NEW - service offer from Public Health

#### Centre Place Family Centre

Sessions	Current	New	
Stay and Play	13	32	At Least twice a week
Baby Massage	10	6	New service offer from Public Health
Starting solids	1	1	Part 3-4 months Health Visiting service
School admissions drop in	1	1	one session annually in autumn
Antenatal Classes	0	12	NEW
Health clinics	some	tba	NEW - to be agreed with health providers

#### Eastwood Family Centre

Sessions	Current	New	
Baby Massage	10	6	New service offer from Public Health
Stay and Play	39	32	At Least twice a week
Starting solids	1	1	Part 3-4 months Health Visiting service
Antenatal Classes	0	12	NEW
School admission drop in	1	1	one session annually in autumn
Health Clinics	0	tba	NEW - to be agreed with health providers

**Baby Massage** - this service will be offered as one-session activity only (previously up to 6 sessions per attendee) across a number of centres. Parents and babies can attend more than one activity at any centre.

**\*Stay and Play** - this session will provide variety, such as baby play, sensory play, soft play) to reflect need. Age appropriate activities will also be provided, such as 0-12 months, 1-2 yrs or 2-5yrs. Will be staggered to allow parents to attend more than 1 session at

**Other Partner agencies and Community Groups** offer to be agreed

<b>Friars Family Centre (Core Centre - Open daily 8:30-16:00)</b>			
<b>Sessions</b>	<b>Current</b>	<b>New</b>	
Antenatal Classes	24	18	proposed split with Hamstel Family Centre
Stay and Play*	26	32	At least twice a week
Baby Massage	20	6	Health Visiting - new service model with follow-up in home visits
Postnatal support	24	50	
Starting solids	1	1	Part 3-4 months Health Visiting service
School admissions drop in	1	1	One session annually in autumn
Fussy Eating	1	2	New service offer from Health Visiting
Little Potters - allotment	6	6	To be reviewed
Health Clinics	varied	tba	to be agreed with the health providers
Story, Rhythm & Sing	12	50	<b>NEW</b>
Family support drop in	0	50	<b>NEW</b>
<b>Hamstel Family Centre</b>			
<b>Sessions</b>	<b>Current</b>	<b>New</b>	
Stay and Play	29	32	At Least twice a week
Baby massage	13	6	New service offer from Public Health
Toilet Training	4	2	New service offer from Health Visiting
Antenatal Classes	0	12	<b>NEW</b>
Starting solids	2	1	Part 3-4 months Health Visiting service
Fussy Eating	2	2	New service offer from Health Visiting
Health Clinics	some	tba	<b>NEW - to be agreed with health providers</b>
<b>Prince Avenue Family Centre</b>			
<b>Sessions</b>	<b>Current</b>	<b>New</b>	
Stay and Play	24	32	At Least twice a week
Baby Massage	9	6	New service offer from Public Health
Postnatal support	11	16	
Starting solids	1	1	Part 3-4 months Health Visiting service
Antenatal Classes	0	18	<b>NEW</b>
Health Clinics	some	tba	To be agreed with health providers
School admission drop in	1	1	One session annually in autumn
<b>Summer Court Family Centre</b>			
<b>Sessions</b>	<b>Current</b>	<b>New</b>	
Family support drop in	16	16	
Stay and Play	12	32	At Least twice a week
Starting Solids	1	1	Part 3-4 months Health Visiting service
Toilet training	2	3	New service offer from Health Visiting
School admissions drop in	1	1	One session annually in autumn
Fussy Eating	2	2	New service offer from Health Visiting
Bibs and bobs	4	4	once a month
Baby Massage	10	6	<b>NEW - service offer from Public Health</b>
Health clinics	0	tba	<b>NEW - to be agreed with health providers</b>
Antenatal Classes	0	12	
<b>St Lukes Family Centre</b>			
<b>Session</b>			<b>ONLY 1 session a week is taking place at this Community venue</b>
Stay and Play	1 session		<b>RELOCATE to Hamstel F/centre</b>

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